

MONAVIE



**MONAVIE
PRODUCT
GUIDE**

SOLUTIONS
FOR YOUR BODY'S
EVERYDAY NEEDS



**A MORE
MEANINGFUL
LIFE**



JUICE02

MX
ACTIVE
ESSENTIAL
(M)MUN
PULSE

EMV08

AÇAÍ
JABU
ACEROLA
CITRUS ZERO

**BALANCE
& REST 10**

BALANCE
REST

CORE12

SHAKES:
VANILLA BEAN
DOUBLE CHOCOLATE
BOOSTS:
CLEANSE
BURN
BUILD
PRO-BIO

MONAVIE MX

YOU'RE 30 SECONDS
AWAY FROM 30
FRUITS & VEGGIES



MAXIMIZE YOUR HEALTH WITH MONAVIE MX.
Every 2 fl. oz. glass contains 19 antioxidant rich fruits
and 11 vegetables. There is no better tasting, faster
way to get that variety in 30 seconds.

**GET YOUR 30 IN 30
TODAY!**

MONAVIE **02** PRODUCTS



3-IN-1 BENEFITS



ANTIOXIDANTS

Superfruit açai and 18 other fruits help fight oxidative damage and signs of aging*



JOINT SUPPORT

Plant-derived glucosamine helps improve your joint mobility and flexibility*



IMMUNE SUPPORT

Wellmune is clinically proven to strengthen your body's defense system

Learn more at:

MONAVIE.COM

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MONAVIE ACTIVE

LIVE LIFE
IN MOTION



Keep doing the things you love now and in the future. MonaVie Active uses 19 body-beneficial fruits and plant-derived glucosamine to help keep your joints mobile so you can live life in motion.

KEY BENEFITS

- Helps increase joint mobility and flexibility*
- Encourages healthy connective tissue and joint cartilage*
- Helps maintain a healthy range of motion*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



MONAVIE ESSENTIAL

DRINK TO YOUR HEALTH



Armed with 19 antioxidant-rich fruits, beneficial fiber and key vitamins A, C and E, MonaVie Essential defends your body against the effects of aging while improving your overall health and wellness.

Learn more at:
[MONAVIE.COM](https://www.monavie.com)



KEY BENEFITS

- Helps protect your body at the cellular level*
- Fights oxidative damage and the signs of aging*
- Offers potent antioxidant protection against free radicals*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MONAVIE **05** PRODUCTS

MONAVIE (M)mūn

SAFEGUARD
YOUR BODY

MonaVie (M)mūn arms your body against the daily attacks on your immune system. (M)mūn features a blend of 19 powerful antioxidants containing fruits and Wellmune®—a clinically proven beta-glucan shown to strengthen your body's immune defenses.



KEY BENEFITS

- Optimizes your immune system*
- Helps safeguard your body from potentially harmful microorganisms*
- Fights oxidative damage and the signs of aging*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.





Formulated with plant sterols† (which studies suggest play a key factor in lowering cholesterol) and resveratrol, Pulse helps protect healthy blood vessels and defend against heart disease.

Learn more at:
MONAVIE.COM

KEY BENEFITS

- Helps protect your heart and cardiovascular system*
- Helps maintain healthy cholesterol levels*
- Offers potent antioxidant protection against free radicals*



MONAVIE GET TO
PULSE THE HEART
OF HEALTHY

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MONAVIE **07** PRODUCTS

CURB YOUR HUNGER

Core



CORE SHAKE // **Vanilla Bean &** **Double Chocolate**

CORE shakes help curb hunger with premium protein.



GLUTEN FREE



NO SOY PROTEIN



ALL NATURAL INGREDIENTS



NO ARTIFICIAL SWEETENERS



SLOW DIGESTING PROTEIN



Learn more at:
corein8.com

Reach your fitness goals without feeling like you're starving! CORE Protein Shakes deliver a mix of fast-digesting and slow-releasing proteins to enhance lean muscle strength, curb hunger and provide long-lasting satiety. Use the shakes alone or mix in exclusive CORE Boosts for a customized solution every time.

KEY BENEFITS

- Promotes lasting feelings of satiety*
- Reduces cravings*
- Supports lean muscle mass*
- Prevents muscle breakdown*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

WANT TO TRANSFORM YOUR BODY IN 8 WEEKS?

The CORE Challenge is your opportunity to be part of a community of like-minded people and take your body and health to the next level. Visit www.corein8.com for more information on how to get started today.

coreCHALLENGE
8 WEEK BODY TRANSFORMATION

RESET YOUR BODY



CORE BOOST // CLEANSE

Flush your body's digestive system



7 day cleanse

With a new fitness routine, it's the perfect time to eliminate toxins and press the reset button on your body. **Cleanse** is a combination of natural cleansing supplements that help flush your body's digestive system. With no artificial stimulants, **Cleanse** will safely get you on track to meeting your health goals.

KEY BENEFITS

- Supports healthy digestion*
- Promotes normal liver function*
- Helps the body's natural elimination of toxins*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MONAVIE10 PRODUCTS

Learn more at:
corein8.com



CORE BOOST // BURN

BURN helps turbo charge your metabolism naturally.



ANDEAN
COCOA



GLUTEN
FREE



NO SYNTHETIC
STIMULANTS



GREEN
TEA

Keep burning calories even after you're finished with your workout. **Burn** is a blend of green tea and Andean cocoa extracts that turbo charge your metabolism and suppress your appetite. **Burn** provides your body with sustained energy and endurance for increased momentum and results.

KEY BENEFITS

- Helps suppress appetite and burn calories*
- Promotes increased energy and endurance*
- Supports and aids the body's performance*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

IGNITE YOUR METABOLISM



core

MONAVIET PRODUCTS

MAGNIFY YOUR STRENGTH



CORE BOOST // BUILD

BUILD boosts muscle growth, strength and output.



Get the most out of your workout. **Build** contains a synergistic blend of amino acids centered on improving your body's performance, recovery, and body composition. You can take **Build** before or after weight training, cardio or any physical activity.

KEY BENEFITS

- Promotes increased endurance capacity*
- Helps fight muscle soreness and fatigue*
- Supports your body's performance, recovery, and composition*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Learn more at:
corein8.com



CORE BOOST // PRO-BIO

PRO-BIO promotes healthy immune and digestive systems.

10
STRAINS
OF PROBIOTICS

GF
GLUTEN
FREE

15x
PROBIOTICS
15x MORE
PROBIOTICS
THAN YOGURT

NO
REFRIGERATING
NEEDED

Enjoy the foods you love even after you eat them. Probiotics live in your digestive system and break down food effectively to suppress the growth of harmful bacteria. Pro-Bio contains 2x the bacteria strains found in yogurt to support your healthy immune and digestive systems.

KEY BENEFITS

- Promotes a healthy digestive system*
- Improves your body's ability to absorb nutrients from foods*
- Increases the population of "good" bacteria in your digestive tract*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

IMPROVE YOUR DIGESTION



MONAVIE13PRODUCTS

YOUR MORNING WAKE UP CALL



In our busy and fast-paced world, we need to hit the ground running each and every morning. Let E^{MV} Açai, Jabu, Acerola and Citrus Zero energy drinks awaken your body and mind—without a subsequent crash. Featuring a blend of antioxidant-rich fruits and natural sources of energy, these great tasting and lightly carbonated formulas will wake you up and keep you going all day long.

Learn more at:
emvenergy.com

ENERGY SUPPLY



TIME

LASTING
ENERGY



INCREASES
ENERGY AND
ALERTNESS*

ENHANCES
PERFORMANCE
AND ENDURANCE*

NO ARTIFICIAL
FLAVORS
COLORS
SWEETENERS
PRESERVATIVES



healthy,
sustained
energy.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MONAVIE15 PRODUCTS

MONAVIE

BALANCE

KEEP YOUR STRESS
IN CHECK



There's no way to avoid it...stress is a part of daily life. Family and home obligations combined with endless demands at work can take its toll both physically and mentally. MonaVie Balance™ helps your body adapt to stress while creating a sense of well-being. Use the non-stimulant daytime formula to help promote feelings of energy and happiness. Then trust in the calming night formula to promote a relaxing evening.*



Helps promote feelings of
energy and happiness†



Helps you deal with every-
day stresses†



Increases your physical and
mental energy†

* This all natural formula contains a proprietary blend of plant extracts that help your body adapt to the stresses of everyday life.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MONAVIE 16 PRODUCTS

MONAVIE REST

SLEEP WELL. BE WELL.

MonaVie Rest is based on a natural remedy used for generations by the people of Brazil to help promote a naturally calm, relaxed state.



Promotes relaxation and a good night's sleep*



A refreshing way to take the edge off your day*



Natural and non-habit forming*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MONAVIE17 PRODUCTS

Learn more at:
MONAVIE.COM



MONAVIE

www.monavie.com
www.corein8.com
www.emvenergy.com

©2014 MonaVie LLC. MonaVie is a trademark of
MonaVie LLC, registered in the U.S. and other countries.
US_EN 0814